2019 G000 **EATS AT** F Steak Burger Emoji Fries

I'm on your team... RUBY RED BEAM

Fajita Wrap Spanish Rice Refried Beans Lett/Tom 4 Fruit/Milk

Chicken Rings Mashed Potato/Gravy Steamed Broccoli Roll Fruit/Milk

11

ART CONTEST **BEGINS**

Steakfinger

Potatoes/Gravy

Steamed Carrots

5

12

19

26

Mashed

Fruit/Milk

Barbecue

Sandwich

Fruit/Milk

Baked Chips

Baked Beans

Roll

"You ART What You Eat" Art Contest

STARTS FEBRUARY 4TH squaremeals.org/artcontest

> Orange Chicken Fried Rice Steamed Carrots Steamed Broccoli Fruit/Milk

6 Taco Salad W/Salsa Sauce

20

Refried Beans Lett/Tom Fruit/Milk 13

Pizza W/Marinara Corn Romaine Salad Fruit/Milk 7

Spaghetti W Meat Green Beans Romaine Salad Garlic Toast 14 Fruit/Milk

Hamburger Emoji Fries Lett/Tom Fruit Milk

Lett/Pic

Burger

Lett/Pic

Fruit/Milk

Tatar Tots

Breaded Chicken

Fruit

Milk

Winter Break!!

No Sanool!!

25

Pizza W/Marinara Corn Romaine Salad Fruit /Milk

Meat & Cheese Nachos Refried Beans Lett/Tom Fruit Milk

Potato Soup Grilled Cheese Romaine Salad Fruit 27 Milk

Chicken Strips Mashed Potato/Gravy **Steamed Carrots** Rolls 28 Fruit/Milk

21

COLMESNEIL ISD

LUNCH MENU

IT'S A GREAT DAY TO BE A BULLDOG!

SPECIAL

ANNOUNCEMENTS

Ketchup

8

Taco sauce Mavo Mustard

February 7- Spring Pictures Febuary14- Valentine's Day & Jump Rope for Heart February 18-Winter Break Feb 21-23 Colmesneil Baseball tournament Feb 28-Alicyn Softball **Tournament**



TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER







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RUBY RED BEAM Grapefruit

One warm day in February a light rain shower came over Healthyville. Once the rain passed a rainbow appeared in the sky touching down on a grapefruit tree. A single grapefruit on the tree began to glow inside causing the fruit to fill with energy and come alive. A farmer noticed movement in the tree and stumbled upon Ruby Red. She was the first of her kind. She explained to him that she and her fellow grapefruit friends were a good source of nutritious vitamin C and that it was her mission to bring nutrition to all the residents of Healthyville. The farmer agreed to help Ruby Red plant grapefruit trees all over Healthyville and the state of Texas so everyone could enjoy the nutritious benefits and great taste of grapefruit.

FUN FACTS

- · 'Ruby Red' was discovered as a limb sport (a mutation of one limb which has different fruit characteristics than the rest of the tree) on a 'Pink Marsh' tree in 1929 by A. E. Henninger of McAllen, Texas, who was granted a patent (U.S. Plant Patent No. 63) in 1934.
 - Grapefruits are a combination of the orange and a pummelo.

RUBY RED BEAM'S FAUDRITE **ACTIUITIES** Softball

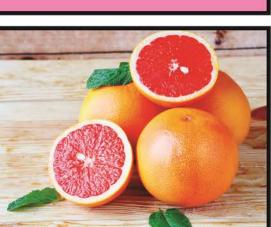
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Count the correct number of each fruit or vegetable below.



ARCH ENEMY

Snails: The common garden snail can cause extensive damage to the leaves and fruit of citrus, especially grapefruit and oranges. They start by attacking young leaves by chewing holes in them and leaving them severely damaged.







Q: Why did the grapefruit fail his driving test?

A: It kept peeling out.





Sources: Texas A&M and Agrilife Extension