

WHAT YOU NEED TO KNOW ABOUT THE INFLUENZA VACCINE...

Influenza is a contagious virus which easily spreads from infected people to the nose or throat of others. The “flu” can lead to pneumonia and can be very dangerous for people with heart or breathing conditions. It can cause high fever and seizures in children. Other classic symptoms are sore throat, cough, headache, chills, muscle aches, and fatigue.

*Other illnesses can have the same symptoms and are often mistaken for the flu. But only an illness caused by the influenza virus is really the “FLU”. **The influenza vaccine can prevent the flu or serious influenza-related illnesses.***

Because the influenza virus is always changing, an annual vaccination is highly recommended. The protection from the vaccine can last up to a year. It takes up to 2 weeks for protection to develop after the vaccination.

Through the Texas Vaccine for Children program, I will be able to offer the flu vaccine ***free of charge to all students enrolled in the Colmesneil ISD.*** Employees of CISD will also be offered the flu vaccine free of charge as well. Vaccines will be administered on a *first come/first serve basis.*

Other clinics in our area who offer the flu vaccines are:

Tyler County Family Health Clinic
104 South Beach, Woodville
283-2822---Fee \$25.00
call for further information

Woodville Pediatrics
900 West Bluff, Woodville
283-2090---Fee \$25.00
call for further information

Jasper-Newton Rural Health Department
139 West Lamar, Jasper
384-6829----Fee \$25.00
call for further information

Dogwood Family Clinic
1905 Hwy 190 W., Woodville
331-1000---Fee \$30.00
call for further information

All vaccines will be administered while supplies last.

If you have any questions or concerns, please feel free to call me at 409-837-2229 X119.

Together we can protect the health and well-being of our future----our children.

Thanks, Michele Marshall
Colmesneil ISD Nurse